

INVITATION

til Ph.D.-forsvar

Charlotte Lindvang:



A Field of Resonant Learning **Self-experiential Training and the Development of** **Music Therapeutic Competencies**

Forsvaret finder sted fredag d. 23.april 2010 kl. 13.30
i auditorium B, Fibigerstræde 15, Aalborg Universitet

Vejleder:
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Charlotte Lindvang: A Field of Resonant Learning - Self-experiential Training and the Development of Music Therapeutic Competencies

Resumé:

- A mixed methods investigation of student experience and professionals' evaluation of their own competencies

The study explored the phenomena of self-experience and personal therapy as part of music therapy training in Aalborg University from the student's perspective. Secondly this phenomenon was contextualized professionally by describing how professional music therapists evaluated the influence of their former self-experiential training on their current professional competencies.

The study used a mixed methods design; semi-structured qualitative interviews and qualitative music analyses were conducted. The qualitative data collection was followed by a hermeneutic analysis as well as a theoretical interpretation across data material, applying the cybernetic psychology and theory of consciousness.

A quantitative analysis of results from an online survey-questionnaire described professionals' evaluation of their competencies and the impact of their earlier self-experience training.

The study showed how self-experience training prepare students to go into the reality of clinical practice with a self-perceived capability to meet clients and their individual needs. The study also pointed out that learning through self-experience and personal therapy may bring the therapist to a more integrated and expanded personal complexity, because of which an advanced level of practice may be possible.

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